



Chocolate Delight

Sugar Free, Gluten Free and Kosher

Nutrition Facts

Serving Size 1 Bar (40g)

Amount/Serving

Calories 150 **Calories from Fat** 30
% Daily Value*

Total Fat 3g **5%**

Saturated Fat 1g **6%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 200mg **8%**

Potassium 50mg **1%**

Total Carb 20g **7%**

Dietary Fiber 6g **23%**

Sugars 0g

Sugar Alcohol 4g

Protein 12g **24%**

Vitamin A 0% • Vitamin C 0%

Calcium 4% • Iron 10%

Phosphorous 10%

Ingredients: Soy protein isolate, maltitol syrup, uncooked cornstarch, glycerine, unsweetened chocolate, arabinogalactan (fiber), milk protein isolate, maltodextrin (fiber), oligofructose (fiber), sunflower oil with tocopherol, cocoa, rice starch, natural and artificial flavors, salt, sucralose (Splenda®), soy lecithin.

Allergy Information: Contains milk and soy. Manufactured in a facility that processes eggs, wheat, nuts and seeds.

Weight Watchers: 2 Pts

Glycemic Index: 41

Net Carb calculation

20 total carbs
 -6 fiber
 -4 sugar alcohol
 -5 uncooked cornstarch
 -4 glycerine

1 net carb

Peanut Delight

Sugar Free, Gluten Free and Kosher

Nutrition Facts

Serving Size 1 Bar (40g)

Amount/Serving

Calories 150 **Calories from Fat** 30
% Daily Value*

Total Fat 3g **5%**

Saturated Fat 0g **2%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 200mg **8%**

Potassium 50mg **1%**

Total Carb 20g **7%**

Dietary Fiber 5g **20%**

Sugars 0g

Sugar Alcohol 6g

Protein 12g **24%**

Vitamin A 0% • Vitamin C 0%

Calcium 4% • Iron 10%

Phosphorous 10%

Ingredients: Soy protein isolate, maltitol syrup, uncooked cornstarch, arabinogalactan (fiber), glycerine, peanut butter, milk protein isolate, peanuts, oligofructose (fiber), peanut flour, rice starch, sunflower oil with tocopherol, natural flavor, salt, sucralose (Splenda®), soy lecithin.

Allergy Information: Contains peanuts, milk and soy. Manufactured in a facility that processes eggs, wheat, nuts and seeds.

Weight Watchers: 2 Pts

Glycemic Index: 32

Net Carb calculation

20 total carbs
 -5 fiber
 -6 sugar alcohol
 -5 uncooked cornstarch
 -3 glycerine

1 net carb

Apple Cinnamon Delight

1 gram sugar, Gluten Free and Kosher

Nutrition Facts

Serving Size 1 Bar (40g)

Amount/Serving

Calories 150 **Calories from Fat** 25
% Daily Value*

Total Fat 2.5g **4%**

Saturated Fat 0g **1%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 135mg **6%**

Potassium 25mg **1%**

Total Carb 22g **7%**

Dietary Fiber 6g **24%**

Sugars 1g

Sugar Alcohol 5g

Protein 12g **24%**

Vitamin A 0% • Vitamin C 0%

Calcium 4% • Iron 10%

Phosphorous 10%

Ingredients: Soy protein isolate, maltitol syrup, uncooked cornstarch, oligofructose (fiber), glycerine, maltodextrin (fiber), sunflower oil with tocopherol, evaporated apples, milk protein isolate, natural and artificial flavors, rice starch, soy lecithin, citric acid, malic acid, sucralose (Splenda®), cinnamon, caramel color, carrageenan gum.

Allergy Information: Contains milk and soy. Manufactured in a facility that processes eggs, wheat, nuts and seeds.

Weight Watchers: 2 Pts

Glycemic Index: 33

Net Carb calculation

22 total carbs
 -5 fiber
 -6 sugar alcohol
 -5 uncooked cornstarch
 -4 glycerine

2 net carb

Mixed Berry Delight

1 gram sugar, Gluten Free and Kosher

Nutrition Facts

Serving Size 1 Bar (40g)

Amount/Serving

Calories 150 **Calories from Fat** 25
% Daily Value*

Total Fat 3g **5%**

Saturated Fat 0g **1%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 150mg **6%**

Potassium 25mg **1%**

Total Carb 21g **7%**

Dietary Fiber 5g **20%**

Sugars 1g

Sugar Alcohol 4g

Protein 12g **24%**

Vitamin A 0% • Vitamin C 0%

Calcium 4% • Iron 10%

Phosphorous 10%

Ingredients: Soy protein isolate, glycerine, uncooked cornstarch, maltodextrin (fiber), maltitol syrup, sunflower oil with tocopherol, whey protein isolate, milk protein isolate, oligofructose (fiber), natural and artificial flavors, cranberries, rice starch, sugar, soy lecithin, citric acid, blueberry juice and extract, malic acid, carrageenan gum, sucralose (Splenda®), FD&C red #40, elderberry juice concentrate.

Allergy Information: Contains milk and soy. Manufactured in a facility that processes eggs, wheat, nuts and seeds.

Weight Watchers: 2 Pts

Glycemic Index: 33

Net Carb calculation

21 total carbs
 -5 fiber
 -4 sugar alcohol
 -5 uncooked cornstarch
 -5 glycerine

2 net carb

Peanut Butter Chocolate Delight

Sugar Free, Gluten Free and Kosher

Nutrition Facts

Serving Size 1 Bar (40g)

Amount/Serving

Calories 150 **Calories from Fat** 30
% Daily Value*

Total Fat 3g **5%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 180mg **8%**

Potassium 55mg **2%**

Total Carb 21g **7%**

Dietary Fiber 5g **20%**

Sugars 0g

Sugar Alcohol 6g

Protein 11g **22%**

Vitamin A 0% • Vitamin C 0%

Calcium 4% • Iron 10%

Phosphorous 10%

Ingredients: Soy protein isolate, maltitol syrup, uncooked cornstarch, glycerine, peanut butter, arabinogalactan (fiber), maltitol, maltodextrin (fiber), milk protein isolate, oligofructose (fiber), peanuts, unsweetened chocolate, peanut flour, rice starch, cocoa butter, natural and artificial flavors, sodium caseinate, milk fat, soy lecithin, caramel color, salt, sucralose (Splenda®).

Allergy Information: Contains milk, peanuts, and soy. Manufactured in a facility that processes eggs, wheat, nuts and seeds.

Weight Watchers: 2 Pts

Glycemic Index: 32

Net Carb calculation

21 total carbs
 -5 fiber
 -6 sugar alcohol
 -5 uncooked cornstarch
 -4 glycerine

1 net carb



Cinnamon Kosher and All Natural	
Nutrition Facts	
Serving Size	1 Bag (32g)
Amount/Serving	
Calories 130	Calories from Fat 35
% Daily Value*	
Total Fat 3.5g	6%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 75mg	3%
Potassium 0mg	0%
Total Carb 17g	6%
Dietary Fiber 3g	11%
Sugars 3g	
Protein 8g	
Vitamin A 0% • Vitamin C 2%	
Calcium 0% • Iron 2%	
Phosphorous 0%	
Ingredients: Soy (low fat soy flour, rice flour, salt), uncooked cornstarch, seasoning (cane juice, cinnamon), high oleic sunflower seed oil, corn fiber.	
Allergy Information: Contains soy. Manufactured in a facility that processes milk and wheat.	
Weight Watchers: 2 Pts	
Net Carb calculation	
17 total carbs	
-3 fiber	
-5 uncooked cornstarch	
9 net carb	

Honey BBQ Kosher and All Natural	
Nutrition Facts	
Serving Size	1 Bag (32g)
Amount/Serving	
Calories 130	Calories from Fat 35
% Daily Value*	
Total Fat 3.5g	6%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	6%
Potassium 10mg	0%
Total Carb 17g	6%
Dietary Fiber 3g	11%
Sugars 3g	
Protein 7g	
Vitamin A 4% • Vitamin C 2%	
Calcium 0% • Iron 0%	
Phosphorous 0%	
Ingredients: Soy (low fat soy flour, rice flour, salt), uncooked cornstarch, seasoning (sugar, honey powder, spices, salt, tomato powder, natural flavors, onion powder, garlic powder, paprika, citric acid), high oleic sunflower seed oil, corn fiber.	
Allergy Information: Contains soy. Manufactured in a facility that processes milk and wheat.	
Weight Watchers: 2 Pts	
Net Carb calculation	
17 total carbs	
-3 fiber	
-5 uncooked cornstarch	
9 net carb	

White Cheddar Kosher and All Natural	
Nutrition Facts	
Serving Size	1 Bag (32g)
Amount/Serving	
Calories 130	Calories from Fat 40
% Daily Value*	
Total Fat 4g	6%
Saturated Fat 1g	4%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Potassium 65mg	2%
Total Carb 16g	5%
Dietary Fiber 3g	11%
Sugars 2g	
Protein 8g	
Vitamin A 0% • Vitamin C 2%	
Calcium 4% • Iron 0%	
Phosphorous 4%	
Ingredients: Soy (low fat soy flour, rice flour, salt), uncooked cornstarch, high oleic sunflower seed oil, white cheddar (blend of dehydrated whey, soft cheese, buttermilk solids, salt, sodium phosphate, natural flavor, calcium phosphate, citric acid), corn fiber.	
Allergy Information: Contains milk and soy. Manufactured in a facility that processes wheat.	
Weight Watchers: 2 Pts	
Net Carb calculation	
16 total carbs	
-3 fiber	
-5 uncooked cornstarch	
8 net carb	

Zesty Ranch Kosher and All Natural	
Nutrition Facts	
Serving Size	1 Bag (32g)
Amount/Serving	
Calories 120	Calories from Fat 35
% Daily Value*	
Total Fat 4g	6%
Saturated Fat 0.5g	3%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 330mg	14%
Potassium 0mg	0%
Total Carb 16g	5%
Dietary Fiber 3g	11%
Sugars 1g	
Protein 8g	
Vitamin A 0% • Vitamin C 2%	
Calcium 2% • Iron 0%	
Phosphorous 0%	
Ingredients: Soy (low fat soy flour, rice flour, salt), uncooked cornstarch, seasoning (maltodextrin, whey, sea salt, salt, buttermilk powder, sugar, onion powder, garlic powder, spices, sour cream, cultured nonfat milk, autolyzed yeast extract, tomato powder, citric acid, lactic acid, parsley flakes, natural smoke flavor, sunflower oil, tumeric extract (color), annatto extract (color), spice extract), high oleic sunflower seed oil, corn fiber.	
Allergy Information: Contains milk and soy. Manufactured in a facility that processes wheat.	
Weight Watchers: 2 Pts	
Net Carb calculation	
16 total carbs	
-3 fiber	
-5 uncooked cornstarch	
8 net carb	

Control[®]

Appetite Management **Shakes**

Vanilla
1 gram sugar,
Gluten Free Ingredients and Kosher

Nutrition Facts

Amount/Serving	8oz. water	8oz. fat free milk
Calories	110	200
Calories from Fat	15	15
	% Daily Value*	
Total Fat 1.5g	2%	2%
Saturated Fat 0g	0%	0%
Trans Fat 0g		
Cholesterol 0mg	0%	2%
Sodium 120mg	5%	10%
Potassium 210mg	6%	6%
Total Carb 12g	4%	8%
Dietary Fiber 5g	20%	20%
Sugars 1g		
Sugar Alcohol 0g		
Protein 15g	30%	46%
Vitamin A	10%	20%
Vitamin C	10%	10%
Calcium	4%	30%
Iron	20%	20%
Vitamin D	10%	35%
Vitamin E	10%	10%
Vitamin K	10%	10%
Thiamin	10%	10%
Riboflavin	10%	10%
Niacin	10%	10%
Vitamin B6	10%	10%
Folate	15%	15%
Vitamin B12	10%	10%
Biotin	10%	10%
Vitamin B5	10%	10%
Phosphorous	15%	15%
Iodine	10%	10%
Magnesium	10%	10%
Zinc	15%	15%
Selenium	10%	10%
Copper	20%	20%
Manganese	10%	10%
Chromium	10%	10%
Molybdenum	10%	10%

Ingredients: Isolated Soy Protein, Uncooked Cornstarch, Whey Protein Isolate, Dextrin (fiber), Inulin (fiber), Sunflower Oil, Maltodextrin, Xanthan Gum, Sugar, Modified Food Starch, Soy Lecithin, Carageenan, Natural and Artificial Flavors, **Vitamins and Minerals** (Palmitate, Cyanocobalamin, Pyridoxine Hydrochloride, Ascorbic Acid, Cholecalciferol, dl-Alpha Tocopheryl Acetate, Phytonadione, Ferric Orthophosphate, Thiamine Mononitrate, Riboflavin, Niacinamide, Folic Acid, Biotin, Pantothenic Acid, Iodine, Magnesium, Zinc, Selenium, Copper Oxide, Manganese Citrate, Chromium, Molybdenum), Sucralose, Caramel Color. **Contains: Milk, Soy**

Net Carb calculation
12 total carbs
-5 fiber
-5 uncooked cornstarch
2 net carb

Chocolate
1 gram sugar,
Gluten Free Ingredients and Kosher

Nutrition Facts

Amount/Serving	8oz. water	8oz. fat free milk
Calories	110	190
Calories from Fat	10	10
	% Daily Value*	
Total Fat 1g	2%	2%
Saturated Fat 0g	0%	0%
Trans Fat 0g		
Cholesterol 0mg	0%	2%
Sodium 115mg	5%	10%
Potassium 330mg	9%	9%
Total Carb 12g	4%	8%
Dietary Fiber 5g	20%	20%
Sugars 1g		
Sugar Alcohol 0g		
Protein 15g	30%	46%
Vitamin A	10%	20%
Vitamin C	10%	10%
Calcium	4%	30%
Iron	25%	25%
Vitamin D	10%	35%
Vitamin E	10%	10%
Vitamin K	10%	10%
Thiamin	10%	10%
Riboflavin	10%	10%
Niacin	10%	10%
Vitamin B6	10%	10%
Folate	15%	15%
Vitamin B12	10%	10%
Biotin	10%	10%
Vitamin B5	10%	10%
Phosphorous	15%	15%
Iodine	10%	10%
Magnesium	15%	15%
Zinc	15%	15%
Selenium	10%	10%
Copper	25%	25%
Manganese	10%	10%
Chromium	10%	10%
Molybdenum	10%	10%

Ingredients: Isolated Soy Protein, Uncooked Cornstarch, Whey Protein Isolate, Dextrin (fiber), Cocoa, Inulin (fiber), Xanthan Gum, Sugar, Sunflower Oil, Soy Lecithin, Maltodextrin, Carageenan, **Vitamins and Minerals** (Palmitate, Cyanocobalamin, Pyridoxine Hydrochloride, Ascorbic Acid, Cholecalciferol, dl-Alpha Tocopheryl Acetate, Phytonadione, Ferric Orthophosphate, Thiamine Mononitrate, Riboflavin, Niacinamide, Folic Acid, Biotin, Pantothenic Acid, Iodine, Magnesium, Zinc, Selenium, Copper Oxide, Manganese Citrate, Chromium, Molybdenum), Modified Food Starch, Sucralose, Dextrose, Natural & Artificial Flavor, Silicon Dioxide. **Contains: Milk, Soy**

Net Carb calculation
12 total carbs
-5 fiber
-5 uncooked cornstarch
2 net carb

Strawberry
1 gram sugar,
Gluten Free Ingredients and Kosher

Nutrition Facts

Amount/Serving	8oz. water	8oz. fat free milk
Calories	110	200
Calories from Fat	20	20
	% Daily Value*	
Total Fat 2g	3%	3%
Saturated Fat 0g	0%	0%
Trans Fat 0g		
Cholesterol 0mg	0%	2%
Sodium 115mg	5%	10%
Potassium 200mg	6%	6%
Total Carb 12g	4%	9%
Dietary Fiber 5g	20%	20%
Sugars 1g		
Sugar Alcohol 0g		
Protein 15g	30%	46%
Vitamin A	10%	20%
Vitamin C	10%	10%
Calcium	4%	30%
Iron	20%	20%
Vitamin D	10%	35%
Vitamin E	10%	10%
Vitamin K	10%	10%
Thiamin	10%	10%
Riboflavin	10%	10%
Niacin	10%	10%
Vitamin B6	10%	10%
Folate	15%	15%
Vitamin B12	10%	10%
Biotin	10%	10%
Vitamin B5	10%	10%
Phosphorous	15%	15%
Iodine	10%	10%
Magnesium	10%	10%
Zinc	15%	15%
Selenium	10%	10%
Copper	20%	20%
Manganese	10%	10%
Chromium	10%	10%
Molybdenum	10%	10%

Ingredients: Isolated Soy Protein, Uncooked Cornstarch, Whey Protein Isolate, Dextrin (fiber), Inulin (fiber), Sunflower Oil, Maltodextrin, Sugar, Xanthan Gum, Natural and Artificial Flavors, Modified Food Starch, Carageenan, Soy Lecithin, **Vitamins and Minerals** (Palmitate, Cyanocobalamin, Pyridoxine Hydrochloride, Ascorbic Acid, Cholecalciferol, dl-Alpha Tocopheryl Acetate, Phytonadione, Ferric Orthophosphate, Thiamine Mononitrate, Riboflavin, Niacinamide, Folic Acid, Biotin, Pantothenic Acid, Iodine, Magnesium, Zinc, Selenium, Copper Oxide, Manganese Citrate, Chromium, Molybdenum), Sucralose, Citric Acid, Dextrose, Red 40, Tricalcium Phosphate. **Contains: Milk, Soy**

Net Carb calculation
12 total carbs
-5 fiber
-5 uncooked cornstarch
2 net carb

Control[®]

Appetite Management **Drizzles**

Caramel ControlDrizzles™ Nutrition Facts

Serving Size: 1 Bag (32g)

Amount/Serving	
Calories 130	Calories from Fat 50
% Daily Value*	
Total Fat 6g	9%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 75mg	3%
Potassium 45mg	1%
Total Carbohydrate 17g	6%
Dietary Fiber 6g	24%
Sugars 2g	
Protein 6g	12%

• Vitamin A 0% • Vitamin C 0%
• Calcium 3% • Iron 5% • Phosphorous 2%

*% Daily values are based on a 2,000 calorie diet.

Ingredients: Soy (low fat soy flour, rice flour, salt), Polydextrose, Palm Kernel Oil, Uncooked Cornstarch, Milk Protein Concentrate, Whole Milk Powder, Soy Lecithin (Emulsifier), Natural Caramel Coloring, Natural Flavors, Salt, Sucralose

Allergy Information: Contains milk and soy. Manufactured in a facility that processes peanut and wheat products.

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St. Louis, MO 63146

Chocolate ControlDrizzles™ Nutrition Facts

Serving Size: 1 Bag (32g)

Amount/Serving	
Calories 130	Calories from Fat 50
% Daily Value*	
Total Fat 6g	9%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 80mg	3%
Potassium 110mg	3%
Total Carbohydrate 17g	6%
Dietary Fiber 6g	24%
Sugars 2g	
Protein 6g	12%

• Vitamin A 0% • Vitamin C 0%
• Calcium 1% • Iron 14% • Phosphorous 2%

*% Daily values are based on a 2,000 calorie diet.

Ingredients: Soy (low fat soy flour, rice flour, salt), Palm Kernel Oil, Uncooked Cornstarch, Cocoa Powder (Processed with Alkali), Polydextrose, Inulin, Sugar, Cocoa Powder, Milk Protein Isolate, Natural Flavors, Soy Lecithin (an emulsifier), Salt, Tristearate (an emulsifier), Sucralose

Allergy Information: Contains milk and soy. Manufactured in a facility that processes peanut and wheat products.

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